New Horizons Un-Limited **Outlook**



Summer 2018

Volume 15 Edition 2

NHU Outlook Newsletter is published quarterly by New Horizons Un-Limited Inc. (NHU), a 501(c)3 tax exempt non-profit organization based in Milwaukee with a mission to make information and life experiences more accessible to **people with lifelong disabilities**, their families and caregivers. Our programs are made possible through the generous contributions of our community partners, member and donor families and many in-kind donors. To contribute to New Horizons Un-Limited, see page 4. To learn more about NHU, visit our website at <u>www.new-horizons.org</u> or send us an e-mail at <u>horizons@new-horizons.org</u>

"I believe there is a subtle magnetism in Nature, which, if we unconsciously yield to it, will direct us aright." Henry David Thoreau (Author, Naturalist, on the therapeutic effects of nature)

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New Horizons Un-Limited 2018 - Accessible Opportunities in the Outdoors!

The opportunity to respite in the outdoors helps individuals with disabilities and their families to become reinvigorated and helps us feel more alive, free and happy. Outdoor adventures offer family members to bond in ways that may otherwise be more difficult and nature offers good therapy from life's stresses. The Accessible Camping Cabins in our State Parks offers this respite opportunity.

In addition, there is growing evidence children's mental and emotional health is enhanced through nature. Unstructured outdoor play helps children develop gross and fine motor skills, spatial, logical, focused thinking and problem-solving skills, which help children of all ages, abilities and sensitivities.

New! Accessible! Nature Explore Classroom!

We are excited to announce this week's groundbreaking for the Richard Bong State Recreation Area, (Kenosha County, WI) and the Bong Naturalist Association (BNA), who are raising funds to install a **Nature Explore Classroom (NEC)**. Hoping to disconnect kids from electronics and grant opportunities that may not otherwise be available, the NEC will assist kids to develop an appreciation of nature, science, art and music and a lifelong passion for nature activities.

This project has been the dream of Beth Goeppinger, Naturalist, of Bong. The Dimensions Educational Research Foundation, of Nebraska, produced a design concept. Known for the Accessible Cabin at Bong, our President, Art Miller was asked and volunteered to create the construction plan. Along with Lavern Nall, Strass-Maguire & Associates, they implemented the layout of accessible grading, and walkways. With eleven "classrooms" dedicated to nature, movement and exploring, the meandering trail will take one through woods, by rocks and bushes, and up and down gentle slopes, which will now be entirely ADA accessible.

Do you know an individual or group that would benefit from the Nature Explore Classroom? Please let them know about this new accessible nature opportunity!

The BNA is still looking for help and donations. Workdays will be held this spring. A fundraising Open House will be held on Saturday, June 2 from 10am-Noon. Do you know a scout group, class group or others who might like to get involved with the project? For more information, visit the <u>bongnaturalistassociation.org</u>

More about Accessible Outdoor Resources, visit new-horizons.org/prrc18.html.

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May – June – July NHU Volunteer Opportunities!!

To sign up for volunteer opportunities, call (414) 299-0124 or e-mail <u>horizons@new-horizons.org</u> NHU volunteers are reimbursed up to \$16.00 per month for your parking or transportation. Report your volunteer hours to NHU on-line <u>www.new-horizons.org/volnet.html</u>



Purchase Scrip Gift Certificates from NHU

Are you planning purchases for Father's Day, the lucky graduate, summer lawn and garden supplies? Groceries, gas, movies, fast food, restaurants, and retailers are available.

Scrip orders are due: Tuesday, May 15, 2018

Purchase scrip gift cards thru NHU, redeemable for the exact amount you pay for them. The retailer passes the discount savings (percentage listed next to each retailer on the order form) to NHU. We deliver your order to you within 10 days. **Print the NHU Scrip** order form at <u>new-horizons.org/pdf/scripf.pdf</u>

Fill out and send your order form and your check or money order to NHU.



Like us, NHU on Facebook! people, news, events facebook.com/NewHorizonsUn-Limited

> Share on our NHU Forum! experiences, ideas, solutions <u>new-horizons.org/forum</u>

Join the Family Forum on Disability! conversation for life's challenges facebook.com/groups/ittakesonetoknowone

<u>Visit</u> our NHU Blog! everyday advocacy and inspiration newhorizonsunlimited.wordpress.com

rew opportunities, new hope, new horizons twitter.com/newhorizonsmke

We would like to hear from you! Please-e-mail us at <u>horizons@new-horizons.org</u>

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Receive Free Flower Bulbs!



Send Us a Photo of Your Garden!

By planting flower bulbs each year, you have created your spectacular garden while supporting opportunities for community members with disabilities through NHU.

This spring, while your garden is still blooming, take a photo, and e-mail it to us today!

Photos will be featured anonymously on our NHU Facebook page and our fall newsletter and you will receive a set of free daffodils with your 2018 Fall Flower Bulb order.

> E-mail your photo to: horizons@new-horizons.org

Respite in the Outdoors!



Harrington Beach State Park Sunday, June 3, 2018 - Wisconsin State Parks Enjoy a FREE Pancake Breakfast at the Ansay Center from 8am – Noon Donations are appreciated! This year a vehicle admission fee is required.

Support the Friends of Harrington Beach who support the Harrington Beach Accessible Camping Cabin and other accessible features in this state park.

Sign up a family member with a disability to experience the outdoors this season at:

dnr.wi.gov/topic/parks/camping/cabin.html.

Enjoy the accessible trails around the quarry, and accessible fishing and beach amenities!

Directions: Take Interstate 43 from Milwaukee 40 miles north to the Belgium, Wisconsin exit.

Giving back to your community... has never been easier!

Here are some simple ways to give back to NHU!

Volunteers reach out and make a world of

difference!! For more information on volunteering, visit: new-horizons.org/volnet.html

NHU Wish List

Visit: <u>new-horizons.org/wshlst.html</u> Make an in-kind donation of used equipment or make a donation for purchase of:

- Windows 10 Licenses (\$6 each)
- Speaker sets (\$2.50 each)
- Desktop or Laptop computers (used)
- iPad or Android Tablets (used)

Use SmileAmazon to shop Amazon.com. Visit <u>https://smile.amazon.com</u>. Just sign in and Amazon will donate .5% of your eligible purchases to New Horizons Un-Limited.

Make a secure on-line credit card donation via PayPal. It's free, secure and so easy! Visit <u>new-horizons.org/donnow.html</u> and click on **Donate**. Complete the form to give back to your community!

Make a donation to NHU.

Fill out the form included on the back page of this newsletter. Make your check payable to: NHU.

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Thank you to everyone who contributed to our 2018 NHU Benefit Raffle and Silent Auction! To check out our event donors, see our Donor Flyer or visit <u>new-horizons.org/pdf/rdon18.pdf</u>

Please accept my contribution for NHU in support of our community members with disabilities:	Horizons Un-Limited
\$500 \$250 \$100 \$50 Other \$ Name:	New Horizons Un-Limited Outlook Newsletter
Address: City Zip: Phone: Phone:	Your gift will ensure that our community members with disabilities are given access to the opportunities that will improve their lives!
 I would like for my gift to remain anonymous. Do not include my name in any publication to acknowledge donors. 	Make check payable to New Horizons Un-Limited and send to:
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