

# New Horizons Un-Limited Outlook



Spring 2019

Volume 16, Edition 1

NHU Outlook Newsletter is published quarterly by New Horizons Un-Limited Inc. (NHU), a 501(c)3 tax exempt non-profit organization based in Milwaukee with a mission to make information and life experiences more accessible to **people with lifelong disabilities**, their families and caregivers. Our programs are made possible through the generous contributions of our community partners, member and donor families and many in-kind donors. To contribute to New Horizons Un-Limited, see page 5. To learn more about NHU, visit our website at [www.new-horizons.org](http://www.new-horizons.org) or send us an e-mail at [horizons@new-horizons.org](mailto:horizons@new-horizons.org)

**"it is never too late to be who you might have been."**

– George Eliot, (English Novelist)

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## New Horizons Un-Limited - Planting Seeds of Hope! An Inclusive Society Begins with YOU!

NHU is "Planting Seeds of Hope" by working to make society more inclusive for people with disabilities. Have you heard the saying, "we really don't know how another person lives or can judge them until we walk a mile in their shoes?" When we focus on differences, we isolate people and leave them out. Isolation doesn't achieve anything, and disregards human potential. To be more inclusive, as humans we must do more than try to understand each other, we must invite people to be a part of our lives as well.

NHU features people with disabilities, their stories and writings on our website, our blog, Facebook and community forum. These stories remind us that we all share the same desires, talents, skills, successes, problems, inabilities, failures, sadness and loss.

Each person shows our human tenacity to keep trying to live our lives as full as we hope.

Inclusive. It's a word that's been buzzing around for some time now.

It inspires awards and congratulations for businesses who hire people with disabilities. It makes "honorary" teammates out of students. It begets news stories about a "Good Samaritan" who helps a wheelchair user stuck on a snowy sidewalk. It results in those memes that shows a smiling kid with crutches winning a race with the quote "the only disability in life is a bad attitude."

Of course, the truth is, none of this is an indication of true inclusiveness. Sure, these gestures make folks feel good, but in fact, all of these things are just a product of what people think inclusiveness looks like. They are veils over the realities that people with disabilities face every single day.

So then, what does true inclusiveness actually look like?

For starters, inclusiveness is not a one-off "act of kindness." It should happen every day. In a perfect world, it would happen without a second thought.

**The truth is, an inclusive society begins with YOU!**

Visit <https://newhorizonsunlimited.wordpress.com/2019/01/21/an-inclusive-society-starts-with-you/>

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The truth is, until society, and each individual, changes the way one looks at disability, can we make significant progress?

What will you do today to ensure a more inclusive society?

- Have actual conversations with disabled people, that are not of the trite “I admire you” variety.
- Invite people with disabilities to the lunch table, to a sporting event, to a social engagement, not as an act of charity, but in the effort to know them, and call them a friend.
- Check assumptions about disability and listen to and respect the preferences and needs of each individual. Understand the wide spectrum of differences among people with disabilities and their chosen paths.
- Recognize ableism in yourself and others and put a stop to it. See our NHU Wordpress Blog.
- Acknowledge that the world is not designed to readily accommodate disability and that it’s time for a change. See the uneven sidewalks, non-existent curb cuts, stooped entrances, narrow bathroom stalls and wonder how a person using a wheelchair would navigate around these obstacles. Advocate for changes.
- Develop a plan to take steps to make your place of business, your website, more than accessible. Recognize the needs of people with disabilities as consumers. Make sure to invite veterans with disabilities, students, adults, or children with disabilities.
- Develop a plan and employ people with disabilities by seeing a person, including his/her disability, as an asset.
- Most importantly, ask an activist with a disability how you can be a part of the movement to create a truly inclusive society.
- For more visit this article by Kristin Duquette, *a disability rights campaigner and One Young World Ambassador from the USA* at <https://www.oneyoungworld.com/blog/10-ways-make-society-more-inclusive-people-disabilities>

### ***Please Join NHU in our Grassroots Effort to Care Enough NOW to Plant the Seeds of Hope!***

This year as you decide on your giving, remember NHU needs your help to reach more people. Remember what your continued support has offered and continues to offer people, not just the opportunity to overcome barriers to all that life can offer, but also assist them with the tools to face their disability armed with self-esteem and hope!

**Help NHU provide more of our community members with disabilities the tools, training and encouragement they need to move forward in their lives!**

**What Can YOU do? The Time to Act is Today! YOUR Donation of:**

**NHU’s Information and Referral Program** - Enjoy browsing the Internet? Volunteer for our Disability Research team.

- \$50 will provide new resources, articles and guides in any given month to individuals seeking assistance.
- \$100 will provide, via one edition of our newsletter, *CommunicAbility*, to reach over a 1000 individual households.

**NHU’s Computer Literacy and Grant Program** - Volunteer to assist to refurbish or setup computers, answer helpdesk.

- \$20 will provide one hour of in-depth computer skills training to as many as four individuals with disabilities.
- \$30 will provide (5) Windows 10 Operating Systems for refurbished computers for 5 individuals with disabilities.

**NHU’s Employment Skills Training and Work Experience Program** - Volunteer to train adult students.

- \$50 will allow us to promote people with disabilities and their capabilities to employers in a month.
- \$100 will provide employment skills training to an adult student in our work experience program.
- Be part of the solution! Evaluate your needs as an employer, offer an internship job to a person with a disability!



## NHU Salutes Our 2018 Volunteers and Interns!

These 2018 volunteers have reached the following milestones in hours of service!

**1900 hours** - Arlene - admin, research

**250 hours** - Lou – refurbishing computers

We would also like to specially thank our interns:

Susan – admin, marketing, fundraising

Ricky – refurbishing computers

## Volunteers reach out and make a world of difference!!

Bradley – marketing video  
 Arlene - admin, research  
 Scott U.– research, writing  
 Naomi - fundraising  
 Tiffany - fundraising  
 Lisa H.– fundraising  
 Wa – fundraising  
 Andrew – fundraising  
 Kelly - fundraising  
 Jon – audio

Diane – research, writing  
 Karen- fundraising  
 Halli – fundraising  
 Ruth – fundraising  
 Becca– fundraising  
 Carol – fundraising  
 Ilene – fundraising  
 Susan - fundraising  
 Lisa F. - fundraising  
 Bethany – fundraising

Danny - training  
 Gary - training  
 Rita – fundraising  
 Chris– fundraising  
 Johnny – admin  
 Doris– admin  
 Tabatha - admin  
 Brian - admin  
 Kayla – admin

For more information on volunteering, visit: [new-horizons.org/volnet.html](http://new-horizons.org/volnet.html)

## What Can YOU do? Follow NHU.....



**Like us, NHU on Facebook!**

people, news, events

[facebook.com/NewHorizonsUn-Limited](https://facebook.com/NewHorizonsUn-Limited)



**Share on our NHU Forum!**

experiences, ideas, solutions

[new-horizons.org/forum](http://new-horizons.org/forum)

**Join the Family Forum on Disability!**

conversation for life's challenges

[facebook.com/groups/ittakesonetoknowone](https://facebook.com/groups/ittakesonetoknowone)



**Visit our NHU Blog!**

everyday advocacy and inspiration

[newhorizonsunlimited.wordpress.com](http://newhorizonsunlimited.wordpress.com)



**Follow NHU on Twitter!**

new opportunities, new hope, new horizons

[twitter.com/newhorizonsmke](https://twitter.com/newhorizonsmke)

**We would like to hear from you!**

Please e-mail us at:

[horizons@new-horizons.org](mailto:horizons@new-horizons.org)

## February – March – April NHU Volunteer Opportunities!!

To sign up for volunteer opportunities, call (414) 299-0124 or e-mail [horizons@new-horizons.org](mailto:horizons@new-horizons.org)  
 NHU volunteers are reimbursed up to \$8.00 per week for your parking or up to \$9.00 per week for your transportation.  
 Report your volunteer hours to NHU on-line [www.new-horizons.org/volnet.html](http://www.new-horizons.org/volnet.html)



### 17<sup>th</sup> Annual NHU Benefit Raffle and Silent Auction March 27-28, 2019 US Bank Center Galleria

Contact us to volunteer prior to the day of our event!  
 Contribute prizes in the theme of Spring!

Ask if area businesses would contribute an item to our **March 2019 Annual NHU Benefit Spring Raffle/Silent Auction**. Download our volunteer letter at:

[www.new-horizons.org/pdf/rsaltr.pdf](http://www.new-horizons.org/pdf/rsaltr.pdf)

Ask family and friends to purchase raffle tickets in support of NHU and a chance to win a great prize.

For prizes or how to purchase tickets, visit:

[www.new-horizons.org/raffle.html](http://www.new-horizons.org/raffle.html)



### SAVE THE DATE!

### 16<sup>th</sup> Annual NHU Benefit Golf Outing - June 5, 2019 Hawk's View – Comos Crossing

While we hope that you will be able to join us for our **2019 Annual NHU Benefit Golf Outing** and a day of golf, there are many ways in which you can get involved or volunteer for our golf outing.

Talk to the golfer in your life to see if they would be interested in attending!

Talk to a business in your area to be a golf sponsor or donate a gift for our raffle or silent auction!

View information about our June NHU Benefit Golf Outing at the Hawk's View Golf Club, Comos Crossing Golf Course, Lake Geneva at:

[www.new-horizons.org/golf19.html](http://www.new-horizons.org/golf19.html)

### *Purchase Scrip Gift Certificates from NHU*

Spring Gift Ideas!!! Are you planning a trip over spring break or a special Easter dinner? Gas, hotel, restaurant or retail gift cards and certificates are available! Consider a gift card donation to our Spring NHU Benefit Silent Auction!

**Scrip orders are due: Wednesday, March 13, 2019**

Purchase gift cards thru NHU, redeemable for the exact amount you pay for each card, the retailer passes the discount savings (percentage listed for each retailer on the order form) on to NHU.

To place your scrip order with NHU, print the NHU Scrip order form at [new-horizons.org/pdf/scripf.pdf](http://new-horizons.org/pdf/scripf.pdf)  
 Then, fill out and send your order form and your check or money order to NHU. We deliver in 10 to 14 days.

Thank you to everyone who has contributed to our 2018-19 Annual Appeal! It is not too late! YOU can make a difference! Be an NHU supporter throughout the year, visit [new-horizons.org/appeal.html](http://new-horizons.org/appeal.html)

**Please accept my contribution for NHU in support of our community members with disabilities:**

\$500  \$250  \$100  \$50 Other \$

Name:

Address:

City  State:  Zip:

Phone:

I would like to designate my contribution in memory of:

I would like for my gift to remain anonymous. Do not include my name in any publication to acknowledge donors.

I am interested in volunteering for NHU. Please contact me.



**--New Horizons Un-Limited Outlook--**

**--Newsletter--**

**Your gift will ensure that our community members with disabilities are given access to the opportunities that will improve their lives!**

Make check payable to **New Horizons Un-Limited** and send to:

**New Horizons Un-Limited Inc.**  
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Milwaukee, Wisconsin 53202