

# New Horizons Un-Limited Outlook



Spring 2018

Volume 15, Edition 1

NHU Outlook Newsletter is published quarterly by New Horizons Un-Limited Inc. (NHU), a 501(c)3 tax exempt non-profit organization based in Milwaukee with a mission to make information and life experiences more accessible to **people with lifelong disabilities**, their families and caregivers. Our programs are made possible through the generous contributions of our community partners, member and donor families and many in-kind donors. To contribute to New Horizons Un-Limited, see page 5. To learn more about NHU, visit our website at [www.new-horizons.org](http://www.new-horizons.org) or send us an e-mail at [horizons@new-horizons.org](mailto:horizons@new-horizons.org)

**“No person is handicapped if he has the right job.”**

– Michael Supa (blind psychologist hired by IBM in 1941)

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- Spring Scrip Orders!
- Thank you for contributing 2017-18 Annual Appeal!

### NHU Outlook Newsletter published quarterly by:

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## New Horizons Un-Limited Planting Seeds of Hope! A Story of Being Human!

*“Disability is a subject you may read about in the newspaper, but not think of as something that might actually happen to you, but your chances of becoming disabled are probably greater than you realize. Studies show that just over 1 in 4 of today’s 20 year-olds will become disabled before reaching age 67.*

*While we spend a great deal of time working to succeed in our jobs and careers, few of us think about ensuring that we have a safety net to fall back on should we become disabled. This is an area where Social Security becomes valuable to each of us.”* (Citation from Social Security: <https://www.ssa.gov/planners/disability/index.html>)

Whether you are born with a disability or meet with an accident or disease that will strip you of abilities, you will find yourself having to readjust to try to live your life and find new solutions to everyday living.

Would you want to stay in your home? Of course, you would. Would you want to find a job that capitalizes on your abilities? Of course, you want to be able to find your purpose in life despite disability whether with a job or another way, contributing to family, friends or volunteering for the greater good. Would you want to be able to go with friends to a neighborhood restaurant, maybe go camping again? Would you like to fulfill your dreams? Maybe you always wanted to learn to ski, go to college, teach children, learn about gardening, or visit the Grand Canyon. Would you like to live independently, make your own decisions? Wouldn’t it be great even in rough times if life always held possibilities and opportunities?

NHU is “Planting Seeds of Hope” by working to make society more inclusive for people with disabilities. Have you heard the saying, “we really don’t know how another person lives or can judge them until we walk a mile in their shoes?” When we focus on differences, we isolate people and leave them out. Isolation doesn’t achieve anything, and disregards human potential. To be more inclusive, as humans we must try to understand each other.

NHU is featuring people with disabilities and their stories in our project, “A Story of Being Human,” at <https://newhorizonsunlimited.wordpress.com/category/a-story-of-being-human/> so we do not forget that people with disabilities are human. In this, we are all the same; we share, as humans, the same desires, talents, skills, success, problems, inabilities, failures, sadness and loss.

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Each of the persons in our blog, "A Story of Being Human," shows our tenacity to keep trying to live our lives as full as we hope. All of us need support from time to time as a part of our society. To read the stories visit <https://newhorizonsunlimited.wordpress.com/category/a-story-of-being-human/>. The following excerpts offer insight into the philosophy of life.

"Obviously every day is not roses, we've had our share of rough times. Not everything is happy and wonderful, but if you get dragged down in that part you'll never make it. You just have to remember the positive things.... Just love life, and love living it. You don't know what's going to happen or what tomorrow is going to bring. You could just not wake up. So why not love today, and live for today..."

"As much as we think we know, we don't know the half of it. We need to try to keep listening and genuinely understand where people are coming from in their life. We need to stay humble."

"Live and let live, realize that you never really know what other people are going through. And people's differences are what makes life interesting."

"It's just seeing people for people and really getting on their level and helping people understand that we're all human," with the same needs and dreams.

If we keep looking at the safety nets in our society as something for someone else, not us, or someone who doesn't deserve it, we miss out on the great good that each of us contributes. Each of us contributes as a member of a family, as a friend to others, as a person who has skills, as a person who can give as much as one gets, as a consumer a part of the economic force of our nation. We should not cast out people from our nation. We are after all each of us a citizen, each of us human, and have rights to life, liberty and the pursuit of happiness.

*"Although our circumstances may change (Any one of us could become disabled tomorrow) our rights and opportunities must never change." ---- John Kerry*

### ***Please Join NHU in our Grassroots Effort to Care Enough NOW to Plant the Seeds of Hope!***

This year as you decide on your giving, remember NHU needs your help to reach more people. Remember what your continued support has offered and continues to offer people, not just the opportunity to overcome barriers to all that life can offer, but also assist them with the tools to face their disability armed with self-esteem and hope!

**Help NHU provide more of our community members with disabilities the tools, training and encouragement they need to move forward in their lives!**

**What Can YOU do? The Time to Act is Today! YOUR Donation of:**

**NHU's Information and Referral Program** - Enjoy browsing the Internet? Volunteer for our Disability Research team.

- \$50 will provide new resources, articles and guides in any given month to individuals seeking assistance.
- \$100 will provide, via one edition of our newsletter, *CommunicAbility*, to reach over a 1000 individual households.

**NHU's Computer Literacy and Grant Program** - Volunteer to assist to refurbish or setup computers, answer helpdesk.

- \$20 will provide one hour of in-depth computer skills training to as many as four individuals with disabilities.
- \$30 will provide (5) Windows 10 Operating Systems for refurbished computers for 5 individuals with disabilities.

**NHU's Employment Skills Training and Work Experience Program** - Volunteer to train adult students.

- \$50 will allow us to promote people with disabilities and their capabilities to employers in a month.
- \$100 will provide employment skills training to an adult student in our work experience program.
- Be part of the solution! Evaluate your needs as an employer, offer an internship job to a person with a disability!



## NHU Salutes Our 2017 Volunteers and Interns!

These 2017 volunteers have reached the following milestones in hours of service!

1750 hours - Arlene - admin, research

1100 hours - Fred - refurbishing computers

We would also like to specially thank our interns:

Mikal – refurbishing computers

Scott G. – refurbishing computers

Lou – refurbishing computers

Susan – admin, marketing, fundraising

## Volunteers reach out and make a world of difference!!

Emily – admin, fundraising

Liz - research

Scott U.– research, writing

Naomi - fundraising

Tiffany - fundraising

Lisa – fundraising

Wa – fundraising

Esperanza - fundraising

Mamie – fundraising

Andrew – fundraising

Mike - fundraising

Halli – fundraising

Ruth – fundraising

Luke– fundraising

Carol – fundraising

Ilene – fundraising

Brittany – fundraising

Susan - fundraising

Danny - training

Gary - training

Lakesha – admin

Roslyn – admin

Tyler – admin

Doris– admin

Lou - refurbishing

Jon – audio

For more information on volunteering, visit: [new-horizons.org/volnet.html](http://new-horizons.org/volnet.html)

## What Can YOU do? Follow NHU.....



**Like** us, NHU on Facebook!

people, news, events

[facebook.com/NewHorizonsUn-Limited](https://facebook.com/NewHorizonsUn-Limited)



**Share** on our NHU Forum!

experiences, ideas, solutions

[new-horizons.org/forum](http://new-horizons.org/forum)

**Join** the Family Forum on Disability!

conversation for life's challenges

[facebook.com/groups/ittakesonetoknowone](https://facebook.com/groups/ittakesonetoknowone)



**Visit** our NHU Blog!

everyday advocacy and inspiration

[newhorizonsunlimited.wordpress.com](http://newhorizonsunlimited.wordpress.com)



**Follow** NHU on Twitter!

new opportunities, new hope, new horizons

[twitter.com/newhorizonsmke](https://twitter.com/newhorizonsmke)

**We would like to hear from you!**

Please e-mail us at:

[horizons@new-horizons.org](mailto:horizons@new-horizons.org)

## February – March – April NHU Volunteer Opportunities!!

To sign up for volunteer opportunities, call (414) 299-0124 or e-mail [horizons@new-horizons.org](mailto:horizons@new-horizons.org)  
 NHU volunteers are reimbursed up to \$8.00 per week for your parking or up to \$9.00 per week for your transportation.  
 Report your volunteer hours to NHU on-line [www.new-horizons.org/volnet.html](http://www.new-horizons.org/volnet.html)



### 16<sup>th</sup> Annual NHU Benefit Raffle and Silent Auction March 21-22, 2018 US Bank Center Galleria

Contact us to volunteer prior to the day of our event!  
 Contribute prizes in the theme of Spring!

Ask if area businesses would contribute an item to our **March 2018 Annual NHU Benefit Spring Raffle/Silent Auction**. Download our volunteer letter at:

[www.new-horizons.org/pdf/rsaltr.pdf](http://www.new-horizons.org/pdf/rsaltr.pdf)

Ask family and friends to purchase raffle tickets in support of NHU and a chance to win a great prize.

For prizes or how to purchase tickets, visit:

[www.new-horizons.org/raffle.html](http://www.new-horizons.org/raffle.html)



### SAVE THE DATE! 15<sup>th</sup> Annual NHU Benefit Golf Outing - June 6, 2018 Hawk's View – Comos Crossing

While we hope that you will be able to join us for our **2018 Annual NHU Benefit Golf Outing** and a day of golf, there are many ways in which you can get involved or volunteer for our golf outing.

Talk to the golfer in your life to see if they would be interested in attending!

Talk to a business in your area to be a golf sponsor or donate a gift for our raffle or silent auction!

View information about our June NHU Benefit Golf Outing at the Hawk's View Golf Club, Comos Crossing Golf Course, Lake Geneva at:

[www.new-horizons.org/golfrg.html](http://www.new-horizons.org/golfrg.html)

### ***Purchase Scrip Gift Certificates from NHU***

Spring Gift Ideas!!! Are you planning a trip over spring break or a special Easter dinner? Gas, hotel, restaurant or retail gift cards and certificates are available! Consider a gift card donation to our Spring NHU Benefit Silent Auction!

**Scrip orders are due: Wednesday, March 7, 2018**

Purchase gift cards thru NHU, redeemable for the exact amount you pay for each card, the retailer passes the discount savings (percentage listed for each retailer on the order form) on to NHU.

To place your scrip order with NHU, print the NHU Scrip order form at [www.new-horizons.org/pdf/scripf.pdf](http://www.new-horizons.org/pdf/scripf.pdf)  
 Then, fill out and send your order form and your check or money order to NHU. We deliver in 10 to 14 days.

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**Thank you to everyone who has contributed to our 2017-18 Annual Appeal! It is not too late!  
YOU can make a difference! Be an NHU supporter throughout the year, visit [new-horizons.org/appeal.html](http://new-horizons.org/appeal.html)**

**Please accept my contribution for NHU  
in support of our community  
members with disabilities:**

\$500  \$250  \$100  \$50 Other \$

Name:

Address:

City  State:  Zip:

Phone:

I would like to designate my contribution in memory of:

I would like for my gift to remain anonymous. Do not include my name in any publication to acknowledge donors.

I am interested in volunteering for NHU. Please contact me.



**--New Horizons Un-Limited Outlook--**  
**--Newsletter--**

**Your gift will ensure that our community  
members with disabilities  
are given access to the opportunities that  
will improve their lives!**

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and send to:**

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